

# Belper groups for babies and toddlers

If you are a new group and wish to be listed in later editions, get in touch – [editorial@boommagazine.co.uk](mailto:editorial@boommagazine.co.uk)

## DAY

**b** Look out for the groups and classes with this icon in the magazine

## SATURDAY

**Messy Church** (2nd Sat of the month)  
St Swithun's Church • 4-6pm • All ages welcome • DONATIONS

**Woodlanders Forest School** **b**  
Shining Cliff Woods, 10am - 1pm  
(6+ yrs can come unaccompanied)  
BOOK

## MONDAY

**Mini Moos Toddler Group**  
Vanessa's School of Dance  
10:00-12:00am, 6mth - 4yrs PAYG

**Rhyme Time (for 0-3s)**  
Belper Library  
2-2:30pm FREE

**Twistin Tikes - musical fun and play designed for 3-5s** **b**  
(All ages welcome)  
Belper Community Hall  
9:45-11:45am PAYG

**Woodlanders Forest School: Babes in the Woods** **b**  
Shining Cliff Woods,  
10-11:30am, PAYG

**Come and Play**  
The Early Years Centre  
10-11:30am DONATIONS

**BOOM Book Café**  
RE[SPACE] Café, Milford  
(Any age welcome)  
2-3pm FREE

**Bellebambino Baby Massage (0-12mth)**  
Alton Manor Day Nursery  
1:45 - 2:45pm BOOK

**Jelly Roles Drama Club**  
Woods or Arthur's  
4.30-5.15pm (up to 7yrs)  
BOOKING PREFERRED

**Creation Station: Little Explorers** **b**  
Busy Bees Nursery - Gibfield Lane  
10-10:50am (15mth-5yrs)  
BOOKING ADVISED

**Relax Kids Derbyshire**  
Vanessa's School of Dance  
5-6pm (Age 4-8 yrs) BOOK

## TUESDAY

**Twistin Tots - musical fun and play for 0-5s** **b**  
Belper Community Hall  
9:45-11:45am PAYG

**Chucklebutties Toddler Tuesdays** **b**  
Belper Mills  
9:30-12:30pm PAYG

**Baby and Toddler Spanish Lessons (0-4yrs)**  
Fleet Arts, 9:45-10:45am BOOK

**Twistin Tinies - musical fun for ages 0-18 months** **b**  
Belper Community Hall  
1:30-2:40pm BOOK

**Stepping Stones - Creative child led playgroup** **b**  
Early Years Centre, 10-11:30am  
All ages welcome, PAYG (Donations)

**B.E.A.R.S Breastfeeding Group** **b**  
Belper Children's Centre  
1-2:30pm FREE

**Tiny Talk** **b**  
The Fit Pit, East Mill  
10am-11am Toddler Talk  
(Walking to 4yrs)  
11:15-12:15 Baby Signing  
(Newborn to 18 Months)  
BOOK

**Sunshine Forest School & Nature Group** **b** High  
Woods, Sandbed Ln 4-6pm  
(7-11yrs) BOOK



## WEDNESDAY

**Derbyshire Toy Library Stay and Play** **b**  
Belper Community Hall  
9:30-11:30am PAYG

**Antenatal and Postnatal Pilates** **b**  
The Fit Pit  
7-8pm BOOK

**Gymkids: Pre-school Gymnastics**  
Belper Leisure Centre  
0-3yrs 9:25-10:10am PAYG  
3yrs+ 10:20-11:05am BOOK

**The Creation Station: Baby Discover** **b**  
Busy Bees Nursery, Gregory's Way  
10-10:45am  
(3m-2yrs)  
BOOKING ADVISED

**Special Friends Playgroup**  
(For children with additional needs)  
2nd Wednesday of the month  
Early Years Centre • 9:45-11:30am  
(0-5yrs) FREE

**Little Church**  
St Peter's  
1:15-2:45pm PAYG

**Mums and Babies Fitness, Core and Pelvic Floor** **b**  
The Fit Pit • 10:15am - 11am  
(Post Natal 10-12 + Wks) BOOK

## THURSDAY

**Baby Ballet** **b**  
Vanessa's School of Dance  
Tinies (18mth-3yrs) 9:30am  
Movers (3&4 yrs) 10:15am BOOK  
Tappers (3yrs+) 10:50am BOOK

**Young at Heart Intergenerational play group** **b**  
Spencer Grove Nursing Home  
(1st & 3rd week of the month,  
please check FB page for updates)  
10:30 - 12pm (0-5 yrs)  
PAYG Donation

**Little Sage Baby Yoga Course** **b**  
Sage Yoga, Unity Mill  
9:45-11am (crawling to walking)  
11:15am-12:30pm  
(8 weeks to crawling) BOOK

**Baby Collage** **b**  
Fleet Arts Centre  
Toddlers (9mth-2yrs) 9:30am  
Infants (0-9mth) 10:30am  
BOOK

**Prams and First Shoes Baby Meet-Up**  
St Mark's Church, Openwoodgate  
9:30-11:30am (0-3yrs) FREE

**Pregnancy Yoga** **b**  
Sage Yoga, Unity Mill 7:15-8:30pm  
(14+ Wks)  
BOOK

**New Life Tots**  
New Life Church  
10-12pm PAYG

## FRIDAY

**Baby Sensory for 0-13months**  
The Lion Hotel  
10am, 11:15am & 12:45pm BOOK

**Little Sage Kids Yoga Course (18 months to 5 years)** **b**  
Sage Yoga, Unity Mill  
11-12am BOOK

**Natural World**  
The Early Years Centre  
10:30 - 12pm DONATIONS

**Pregnancy Pilates /Mums and Babies Pilates** **b**  
The Fit Pit  
10:30-11:45am PAYG

**Creation Station: Little Explorers** **b**  
57a Chapel St  
10am - 10:50am  
(15m-5yrs) BOOKING ADVISED

We recommend you check the groups' websites and Facebook pages for updates.